



Join our Women's Wellness Group!



2nd Wednesday of the month

6:00 - 7:30 pm in the Radiation Oncology Lobby*

Van Dyke Cancer Center, 2350 N. Lake Dr., Milwaukee

A monthly dose of
self-care (*and fun!*)
for women affected by cancer.

Join us each month as we learn about ways to increase wellness in mind, body and spirit. (Hint: it's all about self-care!) Through education, discussion and experience, *we will focus on the positive and have fun* so we can *feel good and live well*.

Typical meetings will include a special presentation/ experience followed by discussion...with time saved for mingling and conversation at the end.

All women with a cancer diagnosis are invited.

*Meeting time/location may change based on programming. No RSVP or registration is needed, but call Laura Stratte at (414) 298-7247 in advance to see if there are any changes to time or location. No meeting in December due to the holidays.

